

Monte Cristo Elementary ~ May 2025

Rise & Shine It's Breakfast Time!

Additional Daily Breakfast Choices:

Whole Grain Cereal & Cracker Yogurt & Cracker Variety of Muffins All served with Fruit Choices A Variety of Milk & Juice

Daily Lunch Choices

Daily Main Entrée or Ham & Turkey Sub or Yogurt Combo Meal Including:

Daily Produce Buffet

And Choice Of 1% White Milk or Nonfat Chocolate Milk This institution is an eaual opportunity provider

Menu subject to change without notice

Breakfast: Tiger Egg McMuffin With Egg & Cheese

Captain Marvel

Teriyaki Chicken **Brown Rice** Fortune Cookie Cauliflower & Broccoli Breakfast: Whole Grain Doughnut

School Lunch Hero Day

Turkey Gravy over **Mashed Potatoes** Breadstick, Beans

Breakfast: Pancake on a Stick

Yogurt Parfait with Berries and Granola

Breakfast:

Breakfast: **Grab & Go Choices** Breakfast: Scrambled Eggs, Sausage links, & 1/2 English Muffin Breakfast: Fresh Baked Cinnamon Roll

Cinco de Mayo!

Soft Taco Cilantro Lime Rice Churro **Black Beans**

Ant Man

Cheeseburger Mac & Cheese (like Hamburger Helper) Green Salad

Fantastic Four

Chicken Nuggets Goldfish Crackers Corn

Superairl

Orange Chicken Brown Rice, Roll **Fortune Cookies** Peas

Young Justice

BBQ Pulled Pork on Flatbread **Smiley Face Potatoes**

Breakfast: French Toast Sticks (2) Bacon (2) & Syrup

13 Breakfast:

Breakfast Pizza with (Turkey) Sausage

14 Breakfast: **Grab & Go Choices** 15 Breakfast: Tiger Egg McMuffin 16 Breakfast: Whole Grain Doughnut

The Hulk

Chicken Alfredo Sauce over Pasta Caesar Salad

Cat Woman

Nachos with Taco Meat & Cheese Sauce **Refried Beans**

Superman

Cheese Pizza **Hummus & Assorted** Fresh Veggies

With Egg & Cheese The Avengers

Emoji Waffles Sausage Links Berries w/Whipped **Topping**

Teenaae Mutant Ninia Turtles

Chicken Burger French Fries

Breakfast: 19 Pancake on a Stick

Robin

Spaghetti & Meatballs Or Spaghetti with Beef Green Beans

Breakfast:

Berry Smoothie with Assorted Crackers

21 Breakfast: **Grab & Go Choices**

22 Breakfast:

Scrambled Eggs, Bacon (2), & 1/2 English Muffin

Fresh Baked Cinnamon Roll

23 Breakfast:

Spider-Man

Chicken & Cheese Quesadilla

Tortilla Chips with Black Beans & Corn Salsa

Bat Woman

Fish Nuggets Cornbread Coleslaw

X-Men

Teriyaki Beef Dippers Brown Rice **Fortune Cookies** Cauliflower & Broccoli Captain

Cheese Burger **Smiley Potatoes**

America

No School 26



27 Breakfast:

Breakfast Pizza with (Turkey) Sausage

Guardians of the Galaxy

Nachos with Taco Meat & Cheese Sauce **Refried Beans**

28 Breakfast: **Grab & Go Choices**

Wonder Woman

Chicken Strips Cheddar SunChips Green Beans

Breakfast: Tiger Egg McMuffin With Egg & Cheese

Iron Man

Asian Entrée Choice **Brown Rice Fortune Cookies** Roasted Edamame

Breakfast: Whole Grain Doughnut

Batman

Baked Ham Au Gratin Potatoes Breadstick, Corn



PRODUCE

Daily choices of fruits and vegetable available daily on the Produce Buffet.

**Students getting breakfast and/or lunch are required to take a 1/2 cup of fruit or veggies with their meal.

Doni, Kelli, Chelsea, Becca, Roxy, Joline, Viviann, Jill, Chelsea, Tanya, Brenda, Kit, Marianne & Mila